



# School Lunch Delivery Service

## MENUS



Order online... [www.ezlunch.co.nz](http://www.ezlunch.co.nz)

Mondays, Tuesdays & Wednesdays - Sushi

Thursdays & Fridays - Go Deli

Order online by 9am  
for delivery Mon. Tue.

Wed

# eZlunch MENU

Wentworth College / Term 1 2025



592A Whangaparaoa Rd  
Stammore Bay  
mob 021 1710716

## SUSHI

Chicken Katsu & Strawberry Daifuku	\$15.00
Chicken Katsu & Mango Daifuku	\$15.00
Chicken Katsu & Yuzu Daifuku	\$15.00
New . Chicken Katsu & Macha Daifuku	\$15.00
Flavour Bomb & Mango Daifuku	\$15.50
Flavour Bomb & Yuzu Daifuku	\$15.50
Flavour Bomb & Macha Daifuku	\$15.50
Flavour Bomb & Strawberry Daifuku	\$15.50
Salmon Avo & Mango Daifuku	\$16.30
Salmon Avo & Macha Daifuku	\$16.30
Salmon Avo & Yuzu Daifuku	\$16.30
Salmon Avo & Strawberry Daifuku	\$16.30
Teriyaki Chicken & Mango Daifuku	\$15.00
Teriyaki Chicken & Yuzu Daifuku	\$15.00
Teriyaki Chicken & Macha Daifuku	\$15.00
Teriyaki Chicken & Strawberry Daifuku	\$15.00
Gluten Free Teriyaki Chicken & Mango Daifuku	\$15.30
Gluten Free Teriyaki Chicken & Yuzu Daifuku	\$15.30
Gluten Free Teriyaki Chicken & Macha Daifuku	\$15.30
Gluten Free Teriyaki Chicken & Strawber...	\$15.30
Strawberry Daifuku	\$3.90
Mango Daifuku	\$3.90
Yuzu Daifuku	\$3.90
Macha Daifuku	\$3.90
Japanese Green Tea	\$3.90
M.T.W 3 salmon & avo inari	\$11.20
M.T.W 5 salmon & avo inari	\$16.30
M.T.W 3 teriyaki chicken & mayo inari	\$11.20
M.T.W 5 teriyaki chicken & mayo inari	\$16.30
5 piece mixed Inari	\$17.30
3 chicken katsu inari	\$11.50
5 Chicken Katsu Inari	\$16.70
M.T.W Teriyaki Chicken on Rice with Salad (L)	\$14.30
M.T.W Prawn & Salmon on Rice with Salad (L)	\$14.30
M.T.W Popcorn Chicken DONBURI	\$16.80
Plain Chicken on Rice (L)	\$12.20
Plain Chicken on Rice (s)	\$9.60
White Rice (L)	\$8.20
White Rice (s)	\$6.20
Flavour Bombs (s)	\$14.40
Flavour Bombs (L)	\$18.40
M.T.W Seafood Poke Bowl	\$17.40
Popcorn Chicken & Rice (s)	\$11.20
Teriyaki Chicken on rice (s)	\$10.40
Teriyaki Chicken on RICE (L)	\$13.20
Teriyaki Chicken on rice (XL)	\$15.00
Chicken Katsu (s)	\$10.70
Chicken Combo (L)	\$13.40

M.T.W	Vege Sticks & Seasoned Rice (L)	\$11.50
	Prawn & Avo 5 piece Roll	\$10.50
M.T.W	TERIYAKI CHICKEN 3 piece ROLL	\$6.00
M.T.W	3 Teriyaki Chicken	\$6.00
	TERIYAKI CHICKEN 5 piece ROLL	\$9.90
M.T.W	5 Teriyaki Chicken	\$10.10
	6 Teriyaki Chicken	\$11.30
	7 Teriyaki Chicken	\$12.50
	5 GLUTEN FREE Teriyaki Chicken	\$10.80
T.W	3 Tuna Avo	\$6.30
	TUNA AVO 5 piece ROLL	\$10.30
Wed	5 Tuna Avo	\$10.50
M.T.W	SALMON 3 piece ROLL	\$6.80
	SALMON 5 piece ROLL	\$11.00
M.T.W	5 Fresh Salmon	\$11.30
M.T.W	7 Fresh Salmon Nigiri	\$14.80
M.T.W	SALMON AVO 3 piece ROLL	\$7.00
	SALMON AVO 5 piece ROLL	\$10.70
M.T.W	5 Salmon & Avocado	\$11.10
M.T.W	6 Salmon & Avocado	\$12.80
M.T.W	7 Salmon & Avocado	\$14.50
M.T.W	AVOCADO 3 piece ROLL	\$6.50
	AVOCADO 5 piece ROLL	\$10.40
M.T.W	5 Vegetarian	\$10.40
	Teriyaki Chicken Panda Set	\$10.40
	Teriyaki Chicken PANDA SET (L)	\$13.40
	GLUTEN FREE Teriyaki Chicken Panda Set	\$10.90
	GLUTEN FREE Teriyaki Chicken PANDA SET (L)	\$13.90
T.W	Teriyaki Chicken & Avo Panda Set	\$10.80
T.W	Teriyaki Chicken & Avo PANDA SET (L)	\$13.90
	Plain Chicken Panda Set	\$10.20
	Plain Chicken PANDA SET (L)	\$13.00
	Katsu Panda Set	\$11.30
	Katsu PANDA SET (L)	\$14.50
Mon	Tuna Avo Panda Set (s)	\$10.30
Mon	Tuna Avo PANDA SET (L)	\$13.60
M.T.W	Tuna Mayo Panda Set	\$10.20
	Rice Panda Twin Pack	\$8.50
	Plain Rice PANDA SET (L)	\$12.50
M.T.W	Salmon Avo Panda Set	\$10.70
M.T.W	Salmon Avo PANDA SET (L)	\$13.70
	Salmon Panda Set	\$11.00

**SEE MORE ONLINE...**

Order online... [www.eZlunch.co.nz](http://www.eZlunch.co.nz)  
Need help? Visit [support.mykindo.co.nz](http://support.mykindo.co.nz) or call  
toll free 0800 EZLUNCH (09-869 5200)  
8am-4pm Mon-Fri (except public holidays)

Order online by 9am  
for delivery Thur. Fri

# eZlunch MENU

Wentworth College / Term 1 2025



Constellation Drive Home Zone  
Mairangi Bay  
09-414 2428

## 20PERCENT OFF SPECIAL PROMOTION

Thur	LUNCH COMBO 2	\$13.20
Thur	TOFU POCKET COMBO	\$9.30
Th.F	SNACK BOX 1	\$10.90
Thur	Panini Bacon & Egg - PRO	\$10.50
Fri	Hot Dog - PRO	\$7.80

## WARM MAINS - SPECIALS OF THE DAY

Thur	THURSDAY - Dumplings 8pcs	\$13.80
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## WARM MAINS

Fri	Chicken kebabs on slaw	\$8.80
Thur	Pork&Apple; Schnitzel on rice with salad	\$15.70
Thur	Beef meatballs on mashed potato with salad	\$16.50
	NEW - Beef Lasagne	\$11.60
	Mince pie	\$8.60
	Mince & Cheese pie	\$8.60
Th.F	Steak & Cheese pie	\$8.60
Thur	SMALL Teriyaki chicken on rice	\$9.70
Thur	LARGE Teriyaki chicken on rice	\$13.80
Th.F	LARGE Spaghetti bolognaise	\$13.80
Th.F	SMALL Spaghetti bolognaise	\$9.70
Th.F	LARGE Butter chicken on rice	\$13.80
Th.F	SMALL Butter chicken on rice	\$9.70
Th.F	Beef Nachos	\$13.00
Thur	Vege fried rice	\$8.60
Thur	H1 - Chicken Corn Soup w. cheesy toast	\$12.20
Thur	Hot dog	\$9.80
	Pancake w. Orange, Pineapple and Strawbe...	\$8.80
Thur	English Muffin - Ham & egg	\$9.80
Th.F	Frankfurters on mash	\$8.80
	Mashed potato	\$5.50
Thur	Red Bean Paste Pancake	\$7.10
Thur	Pork & Cabbage Pancake	\$7.60
Th.F	BBQ Pork Bun (steamed)	\$6.90
Fri	Pork & Cabbage Bun (steamed)	\$6.30
Th.F	Fried Dumpling Combo	\$14.70
Fri	Panini ham & cheese	\$12.00
	GF Toasted cheese sandwich	\$9.00
Th.F	Toasted sandwich cheese & HAM	\$8.60
	Toasted sandwich CHEESE	\$6.90
Thur	Garlic Bread (Mini)	\$3.90
Th.F	Vegetarian roll	\$7.80
Th.F	Sausage roll (Mini)	\$4.40
	Mince Savoury	\$4.40
	Tomato sauce	\$0.70

## COLD MAINS

Fri	Large Onigiri	\$8.60
Thur	Mango & Sticky rice	\$8.80
Thur	Rice Sandwich	\$8.60
Thur	Onigiri rice balls	\$8.60
	Vegetarian Fresh Spring Rolls	\$8.80
	Fresh Spring Rolls	\$8.80
	Inari (Tofu pocket with rice)	\$7.90
Thur	Vegetable Noodle Salad	\$8.30
Thur	Chicken Noodle Salad	\$8.90
Thur	Moroccan Couscous Salad	\$12.50
	Chicken Wrap	\$9.80
Thur	Vogel - Smoked salmon & avocado	\$9.90
Thur	Vogel - Chicken	\$8.90
Thur	Vogel - Vegetable	\$8.90
Th.F	Ham & Cucumber Sandwich	\$8.20
Th.F	Tuna Sandwich	\$8.20
Thur	Ham, Egg & Mayo Sandwich	\$8.80
Th.F	Chicken & Vege Sandwich	\$8.80
Thur	Tofu Pockets and Salad	\$12.10
Thur	Rice Balls and Salad	\$12.10

## DRINKS

	NZ Spring water - 350ml	\$1.70
	Milk - Anchor 250ml	\$2.90
	Chocolate Milk - WDOM Lactose Free 250ml	\$6.10
Thur	Twist Juice - Blackcurrant 125ml	\$1.90

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Easily order & pay for your eZlunch using your 'myKindo' family account. MyKindo is a payment portal for a variety of services at schools and organisations. Your myKindo account can be topped up by debit or credit card (fees apply), or by bank transfer, in advance or at the time of purchase. To get started, 'create account' or log in to your existing myKindo account and add a member or student. Go to [www.ezlunch.co.nz](http://www.ezlunch.co.nz).

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592A Whangaparaoa Rd  
Stanmore Bay  
mob 021 1710716

## HAPPY BIRTHDAY SUSHI PACK

PIKACHU Teriyaki Chicken	\$18.00
PIKACHU Salmon Avo	\$18.00
PIKACHU Avocado	\$18.00
PIKACHU Chicken Katsu	\$18.00

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Easily order & pay for your eZlunch using your 'myKindo' family account. MyKindo is a payment portal for a variety of services at schools and organisations. Your myKindo account can be topped up by debit or credit card (fees apply), or by bank transfer, in advance or at the time of purchase. To get started, 'create account' or log in to your existing myKindo account and add a member or student. Go to [www.ezlunch.co.nz](http://www.ezlunch.co.nz).

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